

What is responsive bottle feeding?



Imitating the relation provided by breastfeeding while giving bottle (breastmilk or formula) will help the baby to feel safe and loved. This concept is called 'RESPONSIVE BOTTLE-FEEDING', i.e. responding to the baby's cues.

Tips for Responsive Bottle Feeding



Wait for the baby to accept the teat

Hold your baby close to you and look into his eyes, fairly upright with his head supported.

Change the arms to stimulate development of both sides

Don't overfeed or force to feed



Don't try and make him finish the bottle if he doesn't seem to want it

Feed your baby , as often as he asks and as much as he wants



Baby may also need to burp in between

Baby may need short breaks during the feed